Safe Zone Training

Standard Safe Zone

The Standard Safe Zone is a four-hour training designed to introduce concepts, terminology and resources related to sexual orientation, gender identity, and gender expression. There is a short intermission about halfway through. Safe Zone trainees develop:

- A deeper awareness of personal ideas, stereotypes, and assumptions related to gay, lesbian, bisexual, transgender, intersex, queer and asexual (LGBTIQA) individuals
- An increased comfort level in addressing concepts and language regarding LGBTIQA communities with the university community and with individuals
- An increased awareness of services on campus that support LGBTIQA and allied individuals
- A network of community and campus staff, faculty, and students to support people of all sexual orientations, gender identities and gender expressions on campus.

Standard Safe Zone is a prerequisite for the two-hour Safe Zone Continuing Education trainings:

- Transgender and Nonbinary
- Intersex

Register for Standard Safe Zone: Spring 2020

- Tuesday, January 21st from 1:00pm - 5:00pm [1]
- Thursday, February 6th from 5:00pm - 9:00pm [2]
- Thursday, February 13th from 12:00pm - 4:00pm [3]
- Monday, February 24th from 12:00pm - 4:00pm [4]
- Wednesday, March 11th from 10:00am - 2:00pm [5]
- Thursday, March 19th from 9:00am - 1:00pm [6]
- Friday, April 3rd from 10:00am - 2:00pm [7]

Health Care Safe Zone

Health Care Safe Zone is a four-hour alternative to Standard Safe Zone that similarly introduces concepts, terminology and resources related to sexual orientation, gender identity, and gender expression. The curriculum also covers LGBTQ health disparities, health resources, and common health professional scenarios, along with a terminology primer and strategies for allyship. This training is intended to address concerns particular to Health Care professionals, though it is open to all campus and community members.

Register for Health Care Safe Zone: Spring 2020

- Thursday, March 5th from 11:00am - 3:00pm [8]
- Tuesday, April 14th from 1:00pm - 5:00pm [9]
Safe Zone Continuing Education

Continuing Education trainings are meant to deepen knowledge around specific aspects of LGBTIQA+ identity. To attend, one must have completed either Standard Safe Zone or Health Care Safe Zone.

Transgender and Nonbinary

Safe Zone - Transgender and Nonbinary (formerly Gender Identity and Gender Expression) is a two-hour training designed to make the University community a safer and more supportive place for all Carolina students, faculty, and staff members by creating a network of allies who have basic knowledge about transgender and nonbinary communities.

Register for Safe Zone - Transgender and Nonbinary: Spring 2020

- March 2nd from 2:00pm - 4:00pm
- March 31st from 1:00pm - 3:00pm

Intersex

Safe Zone - Intersex (formerly Gender Identity and Gender Expression) is a two-hour training designed to make the University community a safer and more supportive place for all Carolina students, faculty, and staff members by creating a network of allies who have basic knowledge about intersex communities. Standard Safe Zone training is a prerequisite for this training.

Register for Safe Zone - Intersex: Spring 2020

- April 7th from 10:00am - 12:00pm

Facilitator Training

For Standard Safe Zone

The UNC-CH LGBTQ Center offers over 30 Safe Zone trainings per year across campus and in the local community. We meet this demand with the help of Volunteer Facilitators.

Safe Zone Facilitator Training is a four-hour training that covers best practices for facilitating group discussions, presenting information, and dealing with difficult questions and topics. There is no expectation to
how many trainings facilitators help with. Some of our facilitators are only available to help with one training a year, while others are involved in 3-4 trainings a semester.

**Prerequisites for Standard Facilitator Training:**

- Status as current UNC-CH undergraduate/graduate/professional student, postdoc, staff, or faculty
- Completion of Safe Zone training (4-hour foundational training)
- Completion of OR current registration for Safe Zone Gender Identity/Gender Expression training or Safe Zone Transgender and Nonbinary training (2-hour training)

Contact April Callis, Ph.D. [16] with questions about this training.

Register for Standard Safe Zone Facilitator Training: next date TBD

**For Health Care Safe Zone**

The UNC-CH LGBTQ Center offers over 30 Standard Safe Zone trainings per year across campus and in the local community. We meet this demand with the help of Volunteer Facilitators. Recently, the Center is facing increasing requests to provide Safe Zones for health care professionals. In response to this need, we have created a Health Care Safe Zone, with a curriculum that covers LGBTQ health disparities, health resources, and common health professional scenarios, along with a terminology primer and strategies for allyship. We are looking for individuals knowledgeable on health care to join our Health Care Facilitation Team.

There is no expectation to how many trainings facilitators help with. Some of our facilitators are only available to help with one training a year, while others are able to facilitate 5-6 trainings. We appreciate any level of commitment!

**Prerequisites for Health Care Facilitator Training:**

- Status as an employee or student within UNC or the UNC Health Care system.
- Completion of Standard Safe Zone training (4-hour foundational training).

Please contact April Callis with questions about this training at ascallis@email.unc.edu [17].

Register for Health Care Safe Zone Facilitator Training: next date TBD

**Requesting Safe Zone Trainings**

**On-Campus or Carolina-Affiliated**

If you are interested in having a Safe Zone training for your department, organization or group please contact us at least two months in advance to request a training. We ask that hosting departments and groups commit to the following:

-
Guarantee at least 25 participants. (People usually invite nearby offices or groups with similar purposes, if necessary.)

- Handle publicity, registration, and participant reminders.
- Attend a planning meeting with LGBTQ Center staff before scheduling the training. Meeting should run no longer than 30 minutes and can be in-person or via phone.
- Reserve space and notify Center staff of the location and room amenities, such as computer, projector, speakers, etc as early as possible.

Contact April Callis, Ph.D. learn more, or to schedule a Safe Zone training.

**Outside Trainings**

We offer trainings to non UNC affiliated organizations. There is a fee of $1000 ($250 per hour) for organizations not affiliated with UNC, plus travel expenses for locations over 30 miles from UNC-CH.

Contact April Callis, Ph.D. to learn more, or Request a Training.

---

**SAFE ZONE**

UNC-Chapel Hill

---

**Source URL:** https://lgbtq.unc.edu/programs/education/safe-zone-training

**Links**

[1]