Guidelines for Allyship

As a Safe Zone Ally, we ask that you follow these guidelines:

**Respect each individual's privacy.** We are asking you to keep contacts confidential. When discussing ally issues with other allies, refrain from disclosing personal or identifying details of a student. Confidentiality means not disclosing identifying details about someone.

**Consult the LGBTQ Center staff** whenever you have questions or would like feedback on how to support or advise a student.

**Keep clear, professional boundaries.** You may find yourself being an advocate, advisor, teacher, or mentor to students who seek your support. While it is entirely appropriate for a staff or faculty member to have coffee or lunch with students, it is not appropriate to form romantic or sexual relationships with them.

**Refer students for counseling when appropriate.** If a student is experiencing extreme psychological distress and is having difficulty coping, suggest that counseling may be helpful to him or her.

**Note:** If you are feeling overwhelmed or worried about a student, referring them to the Counseling and Psychological Services [1] would be appropriate. You can also refer them to staff at the LGBTQ Center (843-5376).

**Your Safe Zone sign** is considered University property. If it is defaced or torn down, report [2] the incident to the LGBTQ Center immediately, 843-5376.

**If you are leaving the University**, changing offices or address, or want to withdraw from the program. Please inform the program coordinators so that we can update your information.

**Keep your resource manual and new materials that may be periodically sent to you in a location that is accessible and familiar to you.** It is permissible to copy materials from the resource manual. If you have suggestions for material you would like to see added to the manuals that are distributed, please contact our Assistant Director [3].
Source URL: https://lgbtq.unc.edu/programs/education/safe-zone-training/guidelines-allyship

Links
[1] https://caps.unc.edu/support-student