Request Appointment or Conversation

Types of Support

Center staff are available to meet with people individually to discuss issues related to identity development (e.g., coming out as LGBTQ+, spirituality), relationships, family, and academics. We also provide technical consultation on best practices and research related to LGBTIQA+ topics.

Confidentiality Notice

The LGBTQ Center's professional staff members are designated by the University as Responsible Employees. This means we must report any incident of discrimination, harassment, sexual violence, interpersonal violence, or stalking to the Equal Opportunity and Compliance Office. The EOC will then reach out to the affected person via email to let them know about their rights and options for seeking support and reporting the incident. The affected person can choose whether they want to take action from there, but they are not required to do so.

Visit the Safe at UNC website to learn more about Responsible Employees. [1]

To confidentially discuss incidents of discrimination, harassment, sexual violence, interpersonal violence, or stalking, please utilize the following resources:

- [Gender Violence Services Coordinators](https://lgbtq.unc.edu) [2] (can meet at the LGBTQ Center, if preferred)
- [Counseling and Psychological Services (CAPS)](https://lgbtq.unc.edu) [3]
- [University Ombuds](https://lgbtq.unc.edu) [4] (independent from the University)

Find more confidential resources on the Safe at UNC website. [5]
Request an Appointment or Conversation

Source URL: https://lgbtq.unc.edu/talk

Links
[1] https://safe.unc.edu/learn-more/responsible-employees/
[3] https://caps.unc.edu/