A GUIDE TO LESBIAN, GAY, BISEXUAL, TRANSGENDER, AND QUEER RESOURCES IN THE TRIANGLE AREA

HELPLESS
National Suicide Prevention Lifeline
(800) 273-TALK (8255)
www.suicidepreventionlifeline.org
Free, confidential 24-hour hotline available to anyone in crisis or distress.

The Trevor Project
(866) 488-7386
www.thetrevorproject.org/
National crisis line serving the LGBTQ youth community, also with chat, text, and social networking options.

GLBT National Help Center
(888) 843-4564 (all ages)
(800) 246-7743 (under 25)
http://glbtnationalhelplinecenter.org/
Free, confidential telephone /internet peer-counseling, information, and resources.

Trans Lifeline
(877)656-8860
https://www.translifeline.org/
Crisis line serving trans people.

ON CAMPUS
UNC
UNC-Chapel Hill LGBTQ Center
(919) 962-5376
SASB North, Suite 3226
http://lgbtq.unc.edu/
Director: Terri Phoenix
tphoenix@email.unc.edu
Assistant Director: April Calis
acsallis@email.unc.edu

Program in Sexuality Studies
http://sexualitystudies.unc.edu/
For students interested in exploring the study of sexual/gender identities.

Tarhees 4 Equality
www.facebook.com/TarHees4Equality/
Celebrating the unique contributions and achievements of LGBTQ athletes and allies.

UNC Undergrad LGBTQ Orgs:
Carolina Advocating for Gender Equality (CAGE)
http://campus.unc.edu/committees/carolina-advocating-for-gender-equality-cage/
Changing the culture surrounding gender to stop gender bias from happening.

Committee for a Queerer University (CQ)
https://www.facebook.com/unc/cq/
A collaborative group working to improve the climate for LGBTQ students, emphasizing intersectional justice.

Sexuality and Gender Alliance of UNC (SAGA)
http://sagastudentsblog.unc.edu/student-life/mba-mba-clubs/pride-club/
A space for queer and trans people of color to come together.

UNC QTPOC
www.facebook.com/uncqt poc/
A space for queer and trans people of color to come together.

UNC Grad/Professional LGBTQ Orgs:
LGBTQ Caucus—School of Social Work
www.unc.edu/students/caucus

School of Medicine Queer Straight Alliance
www.med.unc.edu/qaq/

Health Sciences LGBTQ Alliance
http://hsflgbtq.web.unc.edu/

Lambda Law Students Association
http://studentlaw.org/unc.edu/lisa/

UNC GLBT Center
(919) 513-9742
http://glbt.unc.edu/

GLBT Community Alliance
https://oied.unc.edu/glbs/glbs/community-alliance/
LGBT group for undergrads and grad students at NC State.

EVENTS & GROUPS
AIDS Walk & 5K Run
http://aidswalkand5krun.itsyoutrac e.com/
Takes place in October in Raleigh. Designed for all fitness levels.

Crape Myrtle Festival, Inc
www.crapemyrtlefest.org
info@crapemyrtlefest.org
Concentrates on raising funds for HIV/AIDS service agencies.

PRIDE CENTERS
UNC LGBTQ Center of Durham
http://lgbtq.unc.edu/
LGBTQ supportive organizations provide information on their services. Contact the UNC LGBTQ Center for more info.

Durham Gender Alliance (GALA)
www.ncgala.org/
A state-wide non-profit attorneys' organization, providing visibility, support, and advocacy for LGBTQ communities.

Durham Community LGBTQ Center
http://durhamlgbtqcenter.org/
Provides career, legal, financial, and domestic violence crisis services.

Durham Pride Alliance and Festival
www.durhampride.org
The parade is the signature event in a weekend's worth of activities, seminars, parties and club activities in the area.

NEWS & EVENTS
Q Notes
www.qnotes.com
LGBT arts, entertainment and news publication based in Charlotte that serves all readers across the Carolinas.

News and Notes
UNC GLBT Center
sending out weekly emails with LGBTQ and Social Justice Events in the Triangle.

Common Woman Chorus
www.commonwomanchorus.net
A chorus of lesbian/bi/affirming women, located in the triangle area.

Carolina Bear Lodge
www.carolinabears.com
Social organization for "bears" and their admirers.

Compass Center for Women & Families
www.compasscfrt.org
Provides career, legal, financial, and domestic violence crisis services.

iNSIDEout
www.insideout180.org
Youth-led organization w/ leadership opportunities, a safe space, education, social, and activism-based programs.

NC Gay Advocacy Legal Alliance (GALA)
(919) 680-6758
www.ncgala.org/
A state-wide non-profit attorneys' organization, providing visibility, support, and advocacy for LGBTQ communities.

North Carolina Harm Reduction Coalition
www.nchr.org
Engages in grassroots advocacy, resource development, and direct services for those made vulnerable by drug use, sex work, overdose, immigration status, gender, STIs, and HIV.

North Carolina Pride Band
https://ncepbh.wordpress.com/
A marching band, a concert band, and a jazz ensemble.

LOCAL ORGANIZATIONS & SOCIAL/SUPPORT GROUPS
Alliance of AIDS Services (AASC)
www.aasc-nc.org/
Compassionate support, education and care for HIV/AIDS/STI.

Bisexual Interest Group
www.meetup.com/LGBTBING/
A social/support group for bi and bi-curious adults.

Common Woman Chorus
www.commonwomanchorus.net
A chorus of lesbian/bi/affirming women, located in the triangle area.

HIV/AIDS Walk & 5K Run
www.hivaidswalk.org/
Yearly event held at the beginning of the Spring semester where LGBTQ supportive organizations provide information on their services. Contact the UNC LGBTQ Center for more info.

INSIDEout
www.insideout180.org
Youth-led organization w/ leadership opportunities, a safe space, education, social, and activism-based programs.

NC Gay Advocacy Legal Alliance (GALA)
(919) 680-6758
www.ncgala.org/
A state-wide non-profit attorneys' organization, providing visibility, support, and advocacy for LGBTQ communities.

North Carolina Harm Reduction Coalition
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Engages in grassroots advocacy, resource development, and direct services for those made vulnerable by drug use, sex work, overdose, immigration status, gender, STIs, and HIV.

North Carolina Pride Band
https://ncepbh.wordpress.com/
A marching band, a concert band, and a jazz ensemble.

Email: tphoenix@email.unc.edu

Website: http://sexualitystudies.unc.edu/

For more information or resources, please visit the UNC LGBTQ Center or the UNC Pride Alliance.

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North Carolina Softball League
www.ncsoftball.org
Provides a friendly, competitive and emotionally-safe environment for LGBTQ/allies.

Orange County Rape Crisis Center
(919) 468-4647
(866) WE LISTEN (935-4783) – 24-hour support line
www.acrc.org
Provides free and confidential services to all survivors of sexual violence.

Project Rainbow Net
(919) 956-9124
http://rainbownetdesign.com/
Addresses relationship violence in lesbian, gay, bisexual and transgender relationships.

Queer Exchange
www.facebook.com/groups/1713477285088857/
Site for jobs, rooms available, items for sale, resources needed & services offered.

Queer NC
http://queernc.org
Connects LGBTQ youth of NC by providing safe space online and in person.

Queer Youth Circus
www.facebook.com/qycnc/
A space for LGBTQ+ youth to practice the aerial arts and learn social justice.

Raleigh Business and Professional Network
www.raleighnetwork.org
Networking organization for GLBT professional community.

RDU Prime Timers
www.meetup.com/rdupt/
Social group of gay and bisexual men.

ReachOUT NC
www.reachoutnc.org
Provides volunteer, social, and leadership opportunities for the LGBTQ individuals and allies.

Safe Schools North Carolina
(919) 608-2016
www.safeschoolsnc.org
Statewide partnership dedicated to eliminating bullying and discrimination on the basis of SOGI in NC Schools.

Shades of Pride
www.facebook.com/shadesofnerd/
Celebrates the diversity of NC’s LGBTQ community of color.

Sojourner on New Ground (SONG)
www.sonnewground.org
Aim at building movement for progressive social change by developing organizing models that connect race, class, culture, gender and sexual identity.

Stone wall Sports Raleigh
stonewallraleigh.leagueapps.co
A nonprofit LGBTQ & Ally sports league, includes multiple sports.

Triangle PFLAG
(919) 354-2999
www.pflag Triangle.org
Promotes the health and well-being of LGBTQ people, families and friends, through support, education, and advocacy.

Triangle Tennis Club
www.triangletenniscarenc.com
Meets every Friday 7-9 p.m. in North Raleigh at the Millbrook Exchange Tennis Center.

Vox Vironum Men’s Chorus of the Triangle
www.facebook.com/VoxVironumTriangleMenChoir/
Regular rehearsals Tuesdays from 7-8:30

RELIGIOUS ORGANIZATIONS

GAY/AFFIRMING

Chapel Hill
Binkley Baptist Church
www.binkleychurch.org

Chapel Hill Christian Church
www.chapelhillchristianchurch.org

Chapel Hill Hebrew Synagogue
https://hebhillasynagogue.org/

Community Church of Durham
www.communityucc.org

Holy Trinity Evangelical Lutheran Church
www.htrc.org

The Church of Reconciliation
www.churchrec.org

Unity Center of Peace
www.unitychapelhill.org

Housing
Rainbowhouse Listserv
rainbowhouseserv@listserv.unc.edu
Listserv for LGBTQ student & allies to post/ or search for roommates.

Heels Housing
www.heelshousing.com
DTH-run website got finding off-campus housing and roommates

Books & Music
Regulator Bookshop
(919) 286-2700
www.regulatorbookshop.com

Books Do Furnish a Room
(919) 286-1076
www.booksdofurnish.com

BARS & CLUBS

The Bar
(919) 956-2929
http://thebardurham.com/

Flex
(919) 832-8855
www.flexclub.com

Caffe Diade
(919) 942-2333
www.caffedriade.com

Pinhook
(919) 667-1100
www.thepinhook.com

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