

A GUIDE TO LESBIAN, GAY, BISEXUAL, TRANSGENDER, AND QUEER RESOURCES IN THE TRIANGLE AREA

HELPLINES

National Suicide Prevention Lifeline
(800) 273-TALK (8255)
www.suicidepreventionlifeline.org
Free, confidential, 24-hour hotline available to anyone in crisis or distress.

The Trevor Project
(866) 488-7386
<http://www.thetrevorproject.org/>
National crisis line serving the LGBTQ youth community, also with chat, text, and social networking options.

GLBT National Help Center
(888) 843-4564 (all ages)
(800) 246-7743 (under 25)
<http://glbtnationalhelpcenter.org>
Free, confidential telephone /internet peer-counseling, information, and resources.

Trans Lifeline
(877)565-8860
<https://www.translifeline.org/>
Crisis line serving trans people.

ON CAMPUS

UNC
UNC-CH LGBTQ Center
(919) 843-5376
SASB North, Suite 3226
<http://lgbtq.unc.edu/>
Director: Terri Phoenix
tphoenix@email.unc.edu
Assistant Director: April Callis
ascallis@email.unc.edu

Program in Sexuality Studies
<http://sexualitystudies.unc.edu/>
For students interested in exploring the study of sexual/gender identities.

Tarheels 4 Equality
www.facebook.com/TarHeels4Equality
Celebrating the unique contributions and achievements of LGBTQ athletes and allies.

UNC Undergrad LGBTQ Orgs: Carolina Advocating for Gender Equality (CAGE)
<http://campusv.unc.edu/committtee/carolina-advocating-for-gender-equality-cage/>
Changing the culture surrounding gender to stop gender bias from happening.

Committee for a Queerer Carolina (CQC)
<https://www.facebook.com/uncqc/>
A collaborative group working to improve the climate for LGBTQ students, emphasizing intersectional justice.

Sexuality and Gender Alliance of UNC (SAGA)
<https://uncstudentorgs.collegiatelink.net/organization/saga>
strives to connect LGBTQ individuals and our allies, and create safe and inclusive spaces on campus.

UNC QTPOC
www.facebook.com/uncqt poc/
A space for queer and trans people of color to come together.

UNC Grad/Professional LGBTQ Orgs: LGBTQ Caucus—School of Social Work
sww.unc.edu/students/caucus

School of Medicine Queer Straight Alliance
www.med.unc.edu/qsqa/

Health Sciences LGBTQ Alliance
<http://hslgbtq.web.unc.edu/>
Lambda Law Students Association
<http://studentorgs.law.unc.edu/llsa>

Checked Out – School of Information & Library Science
<http://sils.unc.edu/people/student-orgs>

KFBS Pride Club - Kenan Flagler Business School
www.kenan-flagler.unc.edu/student-life/mba/mba-clubs/pride-club

Duke University Center for Sexual & Gender Diversity
(919) 684-6607
studentaffairs.duke.edu/csgd

Blue Devils United
<http://www.bluedevilsunited.com/>
For LGBT undergraduate students and allies.

Duke LGBTQ Network
<https://sites.duke.edu/dukelgbt-network/>
For LGBTQ alumni, students, faculty, staff, & friends of Duke.

NC Central University LGBT Resource Center
<http://www.nccu.edu/lgbta>

Colors of NCCU
www.nccu.edu/organizations/details.cfm?id=44
NCCU's organization for LGBTQA students, staff, faculty, & alumni.

NC State University GLBT Center
(919) 513-9742
<http://glbt.ncsu.edu/>

GLBT Community Alliance
<https://oied.ncsu.edu/glb/glb-community-alliance/>
LGBT group for undergrads and grad students at NC State.

EVENTS & GROUPS
AIDS Walk & 5K Run
<http://aidswalkand5krun.itsyourrace.com/>
Takes place in October in Raleigh. Designed for all fitness levels.

Crape Myrtle Festival, Inc
www.crapemyrtlefest.org
info@crapemyrtlefest.org
Concentrates on raising funds for HIV/AIDS service agencies.

North Carolina Gay & Lesbian Film Festival
<http://festivals.carolinatheatre.org/ncglff>
Carolina Theatre of Durham presents The NC Gay & Lesbian Film Festival each August.

North Carolina Pride Parade and Festival
www.ncpride.org
The parade is the signature event in a weekend's worth of activities, seminars, parties and club activities in the area.

NEWS & EVENTS
Q Notes
www.goqnotes.com
LGBT arts, entertainment and news publication based in Charlotte that serves all readers across the Carolinas.

News and Notes
UNC LGBTQ Center Listserv sending out weekly emails with LGBTQ and Social Justice Events in the Triangle.
http://lists.unc.edu/read/all_forums/subscribe?name=lgbtq_center

RESOURCE FAIR
Triangle Resource Fair
<http://lgbtq.unc.edu>
Yearly event held at the beginning of the Spring semester where LGBTQ supportive organizations provide information on their services. Contact the UNC LGBTQ Center for more info.

PRIDE CENTERS
LGBT Center of Raleigh
(919) 832-4484
www.lgbtcenterofraleigh.com
Community LGBT Center that provides resources; hosts groups, meetings, and organizations.

LGBTQ Center of Durham
919-827-1436
www.lgbtqcenterofdurham.org/
Center providing programming, resources, and networks of support for LGBTQ+ people.

LOCAL ORGANIZATIONS & SOCIAL/SUPPORT GROUPS
Alliance of AIDS Services (AASC) www.aas-c.org/
Compassionate support, education and care for HIV/AIDS/STI.

Bisexual Interest Group
www.meetup.com/LGBTBiNG/
A social/support group for bi and bi-curious adults.

Common Woman Chorus
www.commonwomanchorus.net
A chorus of lesbian/bi/affirming women, located in the triangle area.

Carolina Bear Lodge
www.carolinabears.com
Social organization for "bears" and their admirers.

Compass Center for Women & Families
www.compassctr.org
Provides career, legal, financial, and domestic violence crisis services

Durham Gender Alliance
<http://groups.yahoo.com/group/durhamgenderalliance/>
Transgender support group. Provides mutual support, education, outreach, and leadership.

Equality NC
(919) 829-0343
www.equalitync.org
Statewide org dedicated to securing equality and Justice for LGBT people.

Gender & Sexual Diversity Initiative
www.gsdiversity.com
Affirming, Affordable health care resources for LGBTQQA+ individuals

GrAce Asexuality Discussion Group
mattpnc@gmail.com
Meetings happen every 2nd Sunday of the month from 3-5pm.

INSIDEoUT
www.insideout180.org/
Youth-led organization w/ leadership opportunities, a safe space, education, social, and activism-based programs.

NC Gay Advocacy Legal Alliance (GALA)
(919) 680-6758
www.ncgala.org/
A state-wide non-profit attorneys' organization, providing visibility, support, and advocacy for LGBT communities.

North Carolina Harm Reduction Coalition
www.nchrc.org
Engages in grassroots advocacy, resource development, and direct services for those made vulnerable by drug use, sex work, overdose, immigration status, gender, STIs, and HIV.

North Carolina Pride Band
<https://ncpmb.wordpress.com/>
A marching band, a concert band and a jazz ensemble.

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North Carolina Softball League

www.ncsoftball.org

Provides a friendly, competitive and emotionally-safe environment for LGBTQ/allies.

Orange County Rape Crisis Center

(919) 468-4647
(866) WE-LISTEN (935-4783) – 24-hour support line

www.occcc.org

Provides free and confidential services to all survivors of sexual violence.

Project Rainbow Net

(919) 956-9124

<http://rainbow.mrgdesign.com/>

Addresses relationship violence in lesbian, gay, bisexual and transgender relationships.

Queer Exchange

www.facebook.com/groups/1713447285608845/

Site for jobs, rooms available, items for sale, resources needed & services offered.

Queer NC

<http://Queernc.org>

Connects LGBTQ youth of NC by providing safe space online and in person.

Queer Youth Circus

www.facebook.com/qycnc/

A space for LGBT+ youth to practice the aerial arts and learn social justice.

Raleigh Business and Professional Network

www.raleighnetwork.org

Networking organization for GLBT professional community.

RDU Prime Timers

www.meetup.com/rdu-pt/

Social group of gay and bisexual men.

ReachOUT NC

www.reachoutnc.org

Provides volunteer, social, and leadership opportunities for the LGBT individuals and allies.

Safe Schools North Carolina

(919) 608-2016

www.safeschoolsnc.org/

Statewide partnership dedicated to eliminating bullying and discrimination on the basis of SOGI in NC Schools.

Shades of Pride

www.facebook.com/shadesofpride/

Celebrates the diversity of NC's LGBTQ community of color.

Southerners on New Ground (SONG)

southernersonnewground.org

Aimed at building movement for progressive social change by developing organizing models that connect race, class, culture, gender and sexual identity.

Stonewall Sports Raleigh

stonewallraleigh.leagueapps.com/

A nonprofit LGBTQ & Ally sports league, includes multiple sports.

Tparte

www.lgbtcenterofraleigh.com/programs/youth-programs/tparte.html

Affirming environment for Trans/Gender non-conforming youth (ages 13-19). Meets at LGBT Center of Raleigh.

Trans Discussion Group (NCHRC)

loftinwilson@gmail.com

Meets on the 1st & 3rd Wednesday, 8:00-10:00pm, One meeting open to all, one just for trans/gender non-binary folks.

Trans Talk Tuesdays

lgbtq@unc.edu

Peer support, discussion group for Trans and Genderqueer identified people. 1st & 3rd Tuesdays 6:15-7:15, Caribou.

Triangle Area Bowling Leagues

www.facebook.com/trianglerainbowbowling/

Triangle's largest GLBT bowling league based in Raleigh.

Triangle Area Gay Scientists

www.meetup.com/gaypros-328/

Not limited to scientists. Monthly potluck dinners.

Triangle Gay Men's Chorus

www.tgmchorus.org

A chorus of gay/bi/affirming men, located in the Raleigh/Durham area.

Triangle Grrrls

www.meetup.com/TriangleGrrrls/

Resource for queer women in the triangle area to socialize.

Triangle PFLAG

(919) 354-2999

www.pflagtriangle.org/

Promotes the health and well-being of LGBTQ people, families and friends, through support, education, and advocacy.

Triangle Tennis Club

www.triangletennisclub.com

Meets every Friday 7-9 p.m. in North Raleigh at the Millbrook Exchange Tennis Center.

Vox Virorum Men's Chorus of the Triangle

www.facebook.com/VoxVirorumTriangleMensChoir/

Regular rehearsals Tuesdays from 7-8:30

RELIGIOUS ORGANIZATIONS (GAY/AFFIRMING)

Chapel Hill

[Binkley Baptist Church](http://www.binkleychurch.org)

www.binkleychurch.org

Chapel Hill Christian Church

www.chapelhillchristianchurch.org

Chapel Hill Kehillah

[Synagogue](http://www.kehillahsynagogue.org/)

<https://kehillahsynagogue.org/>

Community Church (Unitarian Universalist)

www.c3huu.org

Episcopal Church of the Advocate

<http://theadvocatechurch.org>

Holy Trinity Lutheran Church

www.holytrinitychapelhill.org

The Church of Reconciliation

www.churchrec.org

Unity Center of Peace

www.unitychapelhill.org

United Church of Chapel Hill

www.unitedchurch.org

Durham

[Calvary United Methodist Church](http://www.calvarync.org)

www.calvarync.org

Duke Chapel

www.chapel.duke.edu

Eno River Unitarian Universalist Fellowship

www.eruuf.org

First Presbyterian Church

www.firstpres-durham.org

Imani Metropolitan Community Church of Durham

www.imanimcc.org

Judea Reform Synagogue

www.judeareform.org

St. Philip's Episcopal Church

www.stphilipdurham.org

Watt's Street Baptist Church

www.wattsstreet.org

Raleigh

[Community United Church of Christ](http://www.communityucc.org)

www.communityucc.org

Holy Trinity Evangelical

[Lutheran Church](http://www.htelc.org)

www.htelc.org

Pullen Memorial Baptist Church

www.pullen.org

St. Francis of Assisi

www.stfrancisraleigh.org

St. John's Metropolitan

[Community Church](http://www.stjohnsmcc.org)

www.stjohnsmcc.org

St. Mark's Episcopal Parish

www.stmarksraleigh.org

Temple Beth Or

www.tborage.org/

Temple Beth Shalom

www.carytemple.org

Umstead Park UCC

www.upucc.org

Unitarian Universalist Fellowship of Raleigh

www.uufr.org

HOUSING

Rainbowhouse Listserv

rainbow-request@listserv.unc.edu

Listserv for LGBTQ student & allies to post &/or search for roommates.

Heels Housing

www.heelshousing.com

DTH-run website got finding off-campus housing and roommates

BOOKS & MUSIC

Regulator Bookshop

(919) 286-2700

www.regulatorbookshop.com

720 Ninth St. Durham

Quail Ridge Books & Music

(919) 828-1588

www.quailridgebooks.com

3522 Wade Ave. Raleigh

Books Do Furnish a Room

(919) 286-1076

www.booksdofurnisharoom.com

1809 W Markham Ave. Durham

Reader's Corner

(919) 828-7024

www.facebook.com/Readers-Corner-206318659400793/

3201 Hillsborough St. Raleigh

Ladyslipper Music

(800) 634-6044

www.ladyslipper.org

3205 Hillsborough Rd. Durham

BARS & CLUBS

The Bar

(919) 956-2929

<http://thebardurham.com/>

711 Rigsbee Ave Durham

Flex

(919) 832-8855

www.flex-club.com

2 South West St. Raleigh

Legends

(919) 831-8888

www.legends-club.com

330 W Hargett St. Raleigh

Caffé Triade

(919) 942-2333

www.caffedriade.com

1215 E Franklin St. Chapel Hill

Queer nights on Wednesdays

Pinhook

(919) 667-1100

www.thepinhook.com

117 West Main St. Durham