

# Resources for Transgender and Nonbinary People



UNC-Chapel Hill  
SAFE ZONE

## National Resources

### Center of Excellence for Transgender Health

<http://transhealth.ucsf.edu>

The ultimate CoE goal is to improve the overall health and well-being of transgender individuals by developing and implementing programs in response to community-identified needs. We include community perspectives by actively engaging a national advisory body of 14 transgender identified leaders from throughout the country.

### FTM International

<http://www.ftmi.org>

This site is the Internet contact point for the largest, longest-running volunteer run educational organization serving FTM transgender people and transsexual men. We are here to help whether in the form of providing information, or through our newsletter and other publications, through support from volunteers and board members who are willing to help if you need someone to talk to, or through our list of online mailing lists and links, and also through our monthly meetings, calendar and special events.

### Genderqueer and Non-Binary Identities

<https://genderqueerid.com>

The aim of Genderqueer and Non-Binary Identities is to provide awareness, information, and resources for genderqueer, non-binary, questioning, and gender non-conforming people and their allies.

### International Foundation for Gender Education (IFGE)

<http://www.ifge.org>

IFGE advocates for freedom of gender expression. We promote the understanding and acceptance of All People: Transgender, Transsexual, Crossdresser, Agender, Gender Queer, Intersex, Two Spirit, Drag King, Drag Queen, Queer, Straight, Butch, Femme, Homosexual, Bisexual, Heterosexual, and of course - You!

### National Center for Transgender Equality (NCTE)

<http://www.transequality.org>

The National Center for Transgender Equality (NCTE) is a social justice organization dedicated to advancing the equality of transgender people through advocacy, collaboration and empowerment. This site has a lot of resources and information.

### Sylvia Rivera Law Project

<http://www.srlp.org>

SRLP works to guarantee that all people are free to self-determine gender identity and expression, regardless of income or race, and without facing harassment, discrimination or violence.

### Trans Lifeline

877-565-8860, <https://translifeline.org>

Trans Lifeline is a grassroots hotline non-profit organization offering direct emotional and financial support to trans people in crisis - for the trans community, by the trans community.

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World Professional Organization for Transgender Health, Inc. (WPATH)

<http://www.wpath.org>

As an international interdisciplinary, professional organization, the mission of the World Professional Association for Transgender Health (WPATH) is to

further the understanding and treatment of gender identity disorders by professionals in medicine, psychology, law, social work, counseling, psychotherapy, family studies, sociology, anthropology, sexology, speech and voice therapy, and other related fields.

## Local Resources

LGBTQ Center at UNC-Chapel Hill –  
Trans Talk Tuesday

919-843-5376, <http://lgbtq.unc.edu>

Peer support, discussion group for Trans and Genderqueer identified people.

Held year-round on 1st and 3rd Tuesdays from 6:15 pm -7:15 pm at Caribou Coffee, 1406 E. Franklin St, Chapel Hill, NC.

Durham Gender Alliance

<https://www.facebook.com/Durham-Gender-Alliance-309705522420935/>

Transgender support group with a monthly meeting. Provides mutual support, education, outreach, and leadership.

TpartE

[www.lgbtcenterofraleigh.com/programs/youth-programs/tparte.html](http://www.lgbtcenterofraleigh.com/programs/youth-programs/tparte.html)

Affirming environment for Trans/Gender non-conforming youth (ages 13-19).

Meets at LGBT Center of Raleigh.

NCHRC Trans Discussion Group

[loftinwilson@gmail.com](mailto:loftinwilson@gmail.com)

Meets on the 1st & 3rd Wednesday, 8:00-10:00pm, one meeting open to all, one just for trans/gender non-binary folks.

Transgender Initiative

<https://www.lgbtcenterofraleigh.com/programs/adult-programs/transgender-initiative.html>

The Transgender Initiative is built around the idea of creating a communal, safe place for people from all across the gender spectrum, along with their allies, to meet, gather, and provide a supportive and welcoming social environment. Program of the LGBT Center of Raleigh.